



MEMORIAL HIGH SCHOOL MUSTANG BAND

SPRING BRANCH INDEPENDENT SCHOOL DISTRICT

SUZANNE THOMPSON, DIRECTOR OF BANDS
JEFF MUNGER, ASSISTANT DIRECTOR OF BANDS

PRE-PARTICIPATION PHYSICALS FOR MARCHING BAND

When: Saturday, April 13, 2019 beginning at 11:15 a.m.
Where: Northbrook High School
Who: ALL students enrolled in Band and Color Guard for the 2019-2020 school year
Cost: \$10.00 or FREE for students on free or reduced lunch

What: SBISD in conjunction with the Memorial Hermann Health System is offering comprehensive, low cost physicals to all SBISD athletes and band members on Saturday, April 13, 2019 at Northbrook High School. The physicals will be administered by primary care physicians, nurse practitioners, and physician's assistants associated with the Memorial City Medical Center. The cost is only \$10.00 for middle school and high school students and is free if you are on free or reduced lunch. Each high school is assigned a specific time – Memorial High School physicals will begin at 11:15 a.m. I **strongly** encourage you to arrive early as this event is typically crowded and often has a long wait. Please plan accordingly. Transportation is not provided.

What to bring: Bring the attached UIL Pre-Participation Physical Evaluation Form. Please complete the Medical History on the front in **blue or black ink only**, including the student and parent signatures, prior to arriving at Northbrook High School. *If you wear glasses or contacts, please make sure you bring these as the physical examination includes a vision test.

Alternatives: This is not the only option available for completing your physical examination. You can have your physical exam completed by your family physician or at a local clinic (e.g. CVS MinuteClinic, Walgreens Health Clinic, etc.). **You MUST use the attached UIL Pre-Participation Physical Evaluation Form!!!** Note: There will be a make-up day for Memorial High School athletes and band members in May at the Memorial H.S. Field House (Date and Time TBD).

DUE DATE: All Pre-Participation Physical Evaluation Forms are due by **Monday, May 20, 2019**. If you complete the physical examination at an alternative location, please return your form to your band director by May 20th. The Memorial High School band directors must have your Pre-Participation Physical Evaluation Form on file prior to the first day of Summer Band on July 29, 2019.

Please do not hesitate to contact the Memorial High School band directors using the information below if you have any questions.

Sincerely,

Suzanne Thompson
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