



MEMORIAL HIGH SCHOOL MUSTANG BAND

SPRING BRANCH INDEPENDENT SCHOOL DISTRICT

SUZANNE SCOTT, DIRECTOR OF BANDS
JEFF MUNGER, ASSISTANT DIRECTOR OF BANDS

PRE-PARTICIPATION PHYSICALS FOR MARCHING BAND

When: Saturday, April 13, 2024 (8:00 a.m. – 1:00 p.m.)
Where: Northbrook High School
Who: ALL students enrolled in Band and Color Guard for the 2024-2025 school year
Cost: \$10.00 or FREE for students on reduced lunch programs

What: SBISD in conjunction with the Memorial Hermann Health System is offering comprehensive, low-cost physicals to all SBISD athletes and band members on Saturday, April 13, 2024 at Northbrook High School. The physicals will be administered by primary care physicians, nurse practitioners, and physician's assistants associated with the Memorial City Medical Center. The cost is only \$10.00 for middle school and high school students. Payment may be made by cash or check. No insurance will be accepted. Free physicals are available for students who qualify for reduced lunch programs.

What to bring: Bring the required UIL Pre-Participation Physical Evaluation Form (**REVISED 2024**) and any additional supplemental forms or documents (see attachments). Please print the Physical Form double sided (if possible). Complete the Medical History on the front (page 1) in **blue or black ink only**, including the student and parent signatures, prior to arriving at Northbrook. **No digital signatures will be accepted.** *If you wear glasses or contacts, please make sure you bring these as the physical examination includes a vision test.

Alternatives: This is not the only option available for receiving a physical examination. You can have your physical exam completed by your family physician or at a local clinic (e.g. CVS MinuteClinic, Walgreens Health Clinic, urgent care, etc.). **You must use the required UIL forms (see attached).** Note: At this time there is no make-up date available at the MHS Field House. We recommend students attend the SBISD Physical Day on April 13.

DUE DATE: Pre-Participation Physical Evaluation Forms are due by **Thursday, May 16, 2024.** **Physicals must be completed and dated AFTER April 1st to be valid for 2024-2025.** If you complete the physical examination at an alternative location, please return your form to the MHS band directors by May 16. The MHS band directors will collect the physical forms from the incoming freshmen at the Marching Band Orientations on May 14 and May 21. The MHS band directors must have your UIL Pre-Participation Physical Evaluation Form on file prior to the first day of Summer Band camps. **All returning Mustang Band members must turn in their physical evaluation forms by Thursday, May 16 to be exempt from the final exam.**

Please do not hesitate to contact the Memorial High School band directors using the information below if you have any questions.

Sincerely,

Suzanne Scott
Band Office: 713-251-2522
Suzanne.Scott@springbranchisd.com

Jeff Munger
Band Office: 713-251-2686
Jeffrey.Munger@springbranchisd.com

REQUIRED PHYSICAL FORMS

SBISD requires students participating in marching band and/or athletics to have a physical every school year before they can participate in any activities, including Percussion Camp, Color Guard Camp, and Summer Band rehearsals. Parents must complete the first page Medical History using blue or black ink only. We will not accept forms completed with pencil or any other color ink. Please include the student signature and parent signature at the bottom of the first page. Digital signatures will not be accepted. A medical professional must complete and sign the second page Physical Examination. **The physical exam must be dated after April 1st to be valid for the following school year.** When printing the UIL Pre-Participation Physical Evaluation Form at home, please print two sided (front and back). Note: When completing the form, please enter your grade for the next school year and Memorial HS for the school name.

The UIL Pre-Participation Physical Evaluation Form (REVISED 2024) is available at:
<https://www.charmsoffice.com/charms2/SchoolFilesNew/MemorHSB/public/Physical%20Form%202024%20BAND.pdf>



SUPPLEMENTAL FORMS

If you carry an inhaler for asthma, have a prescribed Epi-Pen, or have been diagnosed with diabetes, you must print and return the appropriate form below. Your doctor must complete and sign the form. Please return any supplemental forms along with your Pre-Participation Physical Evaluation Form.

If you carry an inhaler for asthma, you and your doctor will need to complete the Inhaler Form: <https://springbranchisd.rankonesport.com/Images/Logos/PhysicianStatementInhaler.pdf>



If you have a prescribed Epi-Pen, you and your doctor will need to complete the Epi-Pen Form: <https://springbranchisd.rankonesport.com/Images/Logos/PhysicianStatementEpiPen.pdf>



If you have diabetes, you and your doctor will need to complete the Diabetes Form:
<https://springbranchisd.rankonesport.com/Images/Logos/PhysicianAuthorizationDiabetes.pdf>

